


# *What is Teresa's Light?*

Teresa's Light is an award of recognition given to alumnae of St. Theresa's College, Quezon City (STCQC) who, by their life and work, give full and radiant meaning to the Theresian name.

Since STCQC was established in 1947, it has been molding young girls into women who will live the highest Christian values in the service of their families, their communities, the nation, the world.



Through the years, a number of alumnae have been found exemplary and worthy of emulation. They have kept their light shining, radiating it wherever they may be.

They deserve to be recognized and honored thus Teresa's Light



# *Who can be nominated?*

A nominee must have had at least four years of education in STCQC, whether in the grade school, the high school, or the defunct college department.\*

She must have devoted at least five years to the field for which she is being cited.


She must be a woman of faith, service, and missionary spirit who:

- lives the Gospel values of justice, peace, truth, and love;

- promotes the concept of a transformative society; and
- maintains a vibrant relationship with God, people, and nature.

A nominee may come from any of the following fields of endeavor: culture and the arts, education, science and innovative technology, parish or community service, family life, and national development.

\*These include the college graduates of 1967, 1968 and 1969 who were transferees from STC Manila.



# *Alice Alafriz - Pañares*



*For her unwavering commitment to the uplift of the media environment of children in television, films and multi-media and for utilizing the arts, multi-media and technology to empower students in expressing their issues, concerns, concepts and feelings -*

*Teresa's Light Woman of Service for **Education and Culture and Arts***

Children are the future leaders, movers and shakers of the country. Alongside their families and schools, media must take utmost care in shaping their minds toward good values.

To this end, Alice has given unwavering commitment to ensure that television, films and multi-media shape the future of the country well.

Her passion and dedication for art led her to share this with public school teachers all over the country so that they in turn can share and pass on this passion for creativity to their students as well.

# *Josephina Angeles- Tuazon*



*For her innovativeness in developing teaching strategies in Nursing adapted to the Philippine setting thus actualizing competency-based curriculum and contributing to the development of health education in Philippine urban and rural communities —*

*Teresa 's Light Woman of Service for **Education***

Right after stepping out from the safe confines of STC, “to a totally different world — UP” she started to carve out a niche for herself. She put to good use her Theresian lessons in “academic training and critical thinking” and the values of “spirituality, social awareness and simplicity; She spoke openly in the face of injustice; honoring principles and convictions even when difficult; She reached out to help people protect the environment; taking a backseat when prudent; and striving to be good” in whatever calling of life one is in. She was a Metrobank Foundation Awardee for Outstanding Teacher, former UP Manila Dean of the College of Nursing, Chairman of National Asthma Movement, and the Adviser of the Association of Diabetes Nurse Educators.

# *Lydia Balatbat- Echauz*



*For serving as the pillar of leadership, scholarly undertaking and Christian living thereby inspiring the school community be their best in extending her influence to the immediate community beyond the school walls —*

## *Teresa's Light Woman of Service for **Education***

She is an educator first and foremost, with the schools where she taught or supervised. Under her watch, enrolment increased, facilities upgraded, quality of instruction elevated, and an impressive roster of faculty was brought in, among others.

More than being an educator and administrator, she is a firm believer that the future of the country lies in the youth. To ensure that intelligent and talented, but financially- challenged students have access to quality education, she instituted a scholarship program with funds sourced from socially conscious corporations, alumni and friends.

She holds key positions and memberships in education- related foundations and organizations which show the magnitude of trust and the high regard people hold for her.



## *Georgina Datu- Alipio*

*For continuously upgrading the quality education in La Trinidad, Benguet through the introduction of an innovative program that focuses in personal excellence, spiritual formation, social and environmental commitment -*

*Teresa 's Light Woman of Service for **Education***

Through the Little Flower Children's Home Foundation, the school that Georgina and her husband founded, the families at La Trinidad, Benguet are assured that high standards of education in the preparatory and elementary levels are accessible and are comparable to the best that Metro Manila can offer.

She further strengthens the formation of young students in terms of academics, love of country and close family ties by designating and organizing enrichment programs such as R-Joy, or Reading Joy Program, Heroes' Day Fair, Care of the Environment, Global Family Ties and Multiple Intelligence Program.



*Rose Marie Jimenez-  
Bautista*



*For being a living witness of the gospel values in her simplicity, humility, beauty of character, and dedication to her family and profession, developing and promoting education in design and art-*

*Teresa's Light Woman of Service for **Education***

She was recognized for her valuable contribution in Education especially in the field of Design and Arts being in the Philippine School of Interior Design for 34 years and 6 years in De La Salle- St. Benilde. She can be credited with building programs for which the College has built up its reputation as a center of innovation in the field of design. She is an exemplary mother, a loving wife to the famous National Artist Award writer, Cirilo Bautista, an artist, art educator and an able administrator.

# *Julia Katigbak- Dela Cruz*



*For formulating teaching innovations that make Math learning easier and fun; for the compassion in the holistic development of teaching —*

*Teresa's Light Woman of Service for **Education***

Though the sirens of the corporate world came calling out to her, she turned her back to them and heeded the call of the classroom where she taught a generation of Filipino students.

As a Math teacher her perpetual motto, is "Learn and Love Math!" And true to her motto, she made her students love the most feared and avoided Math subjects in high school like Algebra, Geometry, and Trigonometry.

Aside from family and academic activities, she finds extra fulfillment in writing for a monthly periodical, teaching GK communities and other underprivileged schools, being a member of the Catholic educators, and leading the Couples for Christ unit in her community.

# *Evelina Mendoza- Tan*



*For her overflowing spirit in teaching and developing special children —*

*Teresa's Light Woman of Service for **Special Education***

She is the founder- directress of the Child's World Growing Center, a school for special children, autistic, mentally and physically challenged, and slow learners. Herself "differently- abled", having been born with limited eyesight, this personal disability did not prevent Evelyn from helping others through her school which had its humble beginning in an extension of her own house in 1982. She provides parenting skills as part of the total attention needed in nurturing the special child. Children from poor families have also enjoyed "confidential" scholarships in her school, known only between her and the parent beneficiaries.