



**THERESA'S COLLEGE Q.C.**  
**Grade School Department**  
**SY – 2018-2019**

**COMPETITION WINNERS**

**GYMNASTICS**

1. **Chiara Lourice P. Acedera of 5-Reverence** competed in the ISM Goodwill Gymnastics Meet 2018 last May 5, 2018 held at the International School Manila. Chiara won 1st place in Floor Exercises and 3rd place in Vault for the Level 3 Division.
2. **Chiara Lourice P. Acedera of 5-Reverence** competed in the North Star Gymnastics 1<sup>st</sup> Institutional 2018 last April 28, 2018 held at Singapore. Chiara won 2<sup>nd</sup> place All Around Champion in the Level 3, 8-9 years old division and 1<sup>st</sup> Place in the Floor Exercises and 1<sup>st</sup> Place in Vault. Their team was declared the Champion.
3. **Gilanah Raine San Pedro of 5-Fortitude** participated in the Assumption Antipolo Friendship Meet last July 29, 2018 held at Antipolo Sports Hub in Antipolo City. She competed in Level 1 Junior 10 years old and above. Gilanah won Gold in all 4 events namely: Floor Exercise, Balance Beam and Vault. She also received a Silver medal for over-all award.
4. **Chiara Lourice P. Acedera of 5-Reverence** participated in the Batang Pinoy National Championships for Women's Artistic HP2 Division held at Baguio City last September 17-19, 2018. More than 30 gymnasts from around the Philippines competed for 8 slots per event in the Finals. Chiara won Bronze Medals for Floor Exercise and Balance Beam.
5. **Chiara Lourice P. Acedera of 5-Reverence** participated in the 2018 Club Gymnastica Friendship Meet last September 23, 2018 held at Pasig City . She competed for the first time in Level 4 Women's Artistic Gymnastics 10 years and under Division. Chiara won the Individual All Around Champion with 3rd place for Vault, 4th place for Uneven Bars, 3rd place for Beam and 2nd place for Floor Exercises. Their team was hailed as Team Champion.
6. **Gilanah Raine San Pedro of 5- Fortitude** participated in the 2018 Club Gymnastica Friendship Meet last September 23, 2018 held at Pasig City . Gilanah won Gold medals in the following events: Beam, Bars, Floor and Vault. She also received the 2nd overall award for Level 1 Seniors – 10 years old.

7. **Beatrice Cassandra Uranza of 6-Mary of Bethlehem** participated in the 2018 Club Gymnastica Friendship Meet last September 22, 2018 held at Pasig City . Beatrice won Gold medals in the following events: Vault, Bars, Beam and a Silver medal for Floor.

8. **Gilannah Raine San Pedro of 5- Fortitude** participated in the 2018 Club Aquazorb Gymnastics Meet last November 25, 2018 held at The City Club at Alpagaland, Makati City. Gilannah won Gold medals in the following events: Balance Beam, Uneven Bars, Floor Exercise and Vault. She also received the Individual All-Around Champion Award.

**Gilannah** also participated in the 2018 Hongkong Gymnastics Carnival held at the Superstar Gym and Recreation Center in Hongkong last November 18, 2018. She received the following awards: 4<sup>th</sup> Runner Up for Balance Beam, 1<sup>st</sup> Runner Up for Horizontal Bars and Champion for Floor Exercise.

8. **Lianna Isabelle Cruz 4-Judith** participated in the 2018 Club Aquazorb Gymnastics Meet last November 25, 2018 held at The City Club at Alpagaland, Makati City. Lianna won Gold medals in the following events: Balance Beam, Horizontal Bars, and Vault. Silver Medal for Floor Exercise.

**Lianna** also participated in the 2018 Hongkong Gymnastics Carnival held at the Superstar Gym and Recreation Center in Hongkong last November 18, 2018. She received the following awards: 2<sup>nd</sup> Runner Up for Balance Beam and Floor Exercise, 3<sup>rd</sup> Runner Up for Horizontal Bars and Vault.

9. **Chiara Lourice P. Acedera of 5-Reverence** competed in the Club Gymnastica 2019 Philippine Cup last March 3, 2019 at the Rizal Memorial Stadium.

**Chiara** competed in the Level 4 women's artistic gymnastics. She won the 1<sup>st</sup> runner up individual all around, 2<sup>nd</sup> place in Balance Beam, 3<sup>rd</sup> place in Vault and Uneven Bars and 5<sup>th</sup> place in Floor Exercises.

10. **Gilannah Raine San Pedro of 5-Fortitude** competed in the Club Gymnastica 2019 Philippine Cup last March 3, 2019 at the Rizal Memorial Stadium.

**Gilannah** won 1<sup>st</sup> place (champion) in Vault, 3<sup>rd</sup> place in Bars and 6<sup>th</sup> place in Beam. She also won 1<sup>st</sup> runner-up in the Individual All Around and 2<sup>nd</sup> Over-all Champion.

## **SWIMMING**

1. **Sandrine Jimenez of 6-Mary of Cana** competed in the 4<sup>th</sup> Samahang Manlalangoy ng Pilipinas, Class ABC Novice Swimming Championship held last June 2-3, 2018 at Don Bosco Technical College Mandaluyong. Sandrine won 2<sup>nd</sup> place in girls 10 year old 50 meter freestyle and girls 10 year old 25 meter butterfly.
2. **Juliana Franchesca Serrano of 5-Piety** competed in the Federation of School Sports Philippines (FESSAP) , Philippine Aquatic Sports Coaches Association Inc. (PASCAL) Novice 9-10 years old Post Independence Dayswim Meet last June 16, 2018 at patio Isabela Resort, Sacred heart Village 1, Lagro Novaliches Juliana won Silver 2<sup>nd</sup> place for 25 meter Butterfly novice, 25 meter Breaststroke novice and 5<sup>th</sup> place for Freestyle and Backstroke.
3. **Yumi Abigail Capili of 6-Mary of Jerusalem** participated in the Dermplus Take Your Mark Novice Swim Meet 2018 held at the Philippine Columbian Association, Paco Manila last June 3, 2018. Yumi won ribbons for 25 and 100 meter Freestyle/Freestyle relay, 25 meters Butterfly, 25 meter Breaststroke and 100 meter MedlyRelay. She also received a Bronze medal for being the 3<sup>rd</sup> placer for 25 meter Freestyle.

## **FENCING**

1. **Rafaela Suplico of 5-Knowledge** competed in the Mixed Saber U10 Young Musketeers Quarter Two 2018 Fencing Competition held at Makati last June 10, 2018. She won a silver medal in the said competition.

## **CHORALE**

1. **Elizabeth Dogelio of 6-Mary of Cana** together with her group competed in the 1<sup>st</sup> World Youth Chorale Festival and Competition held in Jeju, Korea last July 18-20, 2018.Elizabeth and her group won silver in the Sacred and Secular Categories of the said competition.

## **TAEKWONDO**

1. **Kristiana Lainez of 5-Piety** participated in and contributed to the success of the Quezon City Inter-Club Taekwondo Championship last August 4-5, 2018 held at Robinsons Novaliches, Trade Hall.

2. **Rishina Helene Abdon of 3-St. Anne** competed in the 2018 Quezon City Inter-school Taekwondo Championships held last October 7, 2018 at ShopKing Doña Carmen Quezon city. She represented St. Theresa's College QC in the said event.  
Rishina won a Gold medal in the Novice Category in the sparring event. She will also represent the Philippines on December 1 and 2, 2018 in the 6<sup>th</sup> Daedo Taekwondo Championships to be held in Singapore. She will compete in the sparring and poomsae events.
3. **Satya Torres of 6-Mary of Jerusalem** competed in the Makati-Pasay-Taguig or District Meet Taekwondo Championship last October 28, 2018 held at Don Bosco Makati. Satya won a Bronze medal for Forms and a Silver medal for Sparring.
4. **Rishina Helene Abdon of 3-St. Anne** competed in the 6<sup>th</sup> Daedo Taekwondo Championship in Singapore held last December 1 and 2, 2018.  
Rishina won a Gold medal for the Young Junior Level Sparring Competition.
5. **Sofia Danielle Madriaga of 4-Sarah** competed in the 20<sup>th</sup> Don Bosco Cup of the Philippine Taekwondo Association held at Don Bosco Makati last January 20, 2019. Sofia won a Gold medal for Wood Board Breaking and a Bronze medal for Forms.
6. **Jilian Friend of 6-Mary of Jerusalem** competed in the 20<sup>th</sup> Don Bosco Cup of the Philippine Taekwondo Association held at Don Bosco Makati last January 20, 2019. Jilian won a Silver medal for Sparring and a Bronze medal for Forms and Wood Board Breaking.
7. **Millena Untalan of 5-Fortitude** competed in the 20<sup>th</sup> Don Bosco Cup of the Philippine Taekwondo Association held at Don Bosco Makati last January 20, 2019. Millena won a Gold medal for Wood Board Breaking, Silver medal for Sparring and a Bronze medal for Forms.
8. **Andrea Gail Eñano of 6-Mary of the Assumption** competed in the 20<sup>th</sup> Don Bosco Cup of the Philippine Taekwondo Association held at Don Bosco Makati last January 20, 2019. Andrea won a Gold medal for Forms, Silver medal for Wood Board Breaking and Bronze for Sparring.
9. **Chloe Beatrice Asuncion of 4-Ruth** competed in the 20<sup>th</sup> Don Bosco Cup of the Philippine Taekwondo Association held at Don Bosco Makati last January 20, 2019. Chloe won a Gold medal for Forms and Sparring and a Bronze medal for Wooden Board Breaking.
10. **Aaliyah Mguel of 4-Judith** competed in the 20<sup>th</sup> Don Bosco Cup of the Philippine Taekwondo Association held at Don Bosco Makati last January 20,

2019. Aaliyah won a Gold medal for Forms and Silver medals for Wooden Board Breaking and Sparring.

11. **Sandra Victoria Lachica of 2-Sacrifice** competed in the 20th Don Bosco Cup of the Philippine Taekwondo Association held at Don Bosco Makati last January 20, 2019. Sandra won a Gold medal for Sparring and Wooden Board Breaking and Bronze for Forms.
12. **Satya Torres of 6-Mary of Jerusalem** competed in the 20th Don Bosco Cup of the Philippine Taekwondo Association held at Don Bosco Makati last January 20, 2019. Satya won Silver medals for Sparring and Forms and Bronze medal for Breaking Wooden Boards.
13. **Millena Daryl C. Untalan of 5-Fortitude** competed in the 20th Don Bosco Cup of the Philippine Taekwondo Association held at Don Bosco Makati last January 27, 2019. Millena won Gold medal for Breaking Wooden Borads, Silver medal for Sparring and Bronze medal for Forms.

## **BALLET**

1. **Sophia B. Cabungcal of 5-Knowledge** competed in the Association of Ballet Academies, Philippines (ABAP) 2018 Ballet Competition last August 25, 2018 held at Meralco Theater, Pasig City.  
She won 4th place for the Contemporary Duo Category and 6<sup>th</sup> place for the Classical Ballet Solo Category.
2. **Mharkianna Samantha Ipapo of 4-Deborah** participated in the 20<sup>th</sup> Asia Pacific Dance Competition for 9 and under category last August 30-September 2, 2018 held at Victoria Theater, Singapore.  
Mharkianna represented the Philippines under Halili-Cruz School of Dance. She won 3<sup>rd</sup> place in the 9 and under category for Modern and Ballet Troupes.
3. **Our Theresian Ballet Dancers (11 of them)** representing St. Theresa's College School of Classical Ballet competed in the recently concluded Philippine Dance Cup 2018 held at the School of Design and Art Theater, Las Salle-St. Benilde last October 5, 2018. They were awarded Honorable Mention.

<b>STC Ballet Dancers (Grade School Members)</b>	
<b>Name</b>	<b>Grade/Section</b>
1. Sofia Lara	6-Mary of Jerusalem
2. Isabela Panlilio	6-Mary of Cana
3. Chloe Rudio	5-Piety
4. Danielle Yatco	5-Counsel
5. Julianna Paragas	3-St. Cecilia

6. Trisha Rubin	4-Judith
7. Blair Ramirez	4-Esther
8. Riza Mericilla	5-Reverence

4. **Georgene Zi San Nicolas of 2-Generosity** competed in the 1<sup>st</sup> Get The Beat Philippine Regionals International Competition under Halili-Cruz School of Dance held at Maybank Performing Arts Theater, BGC, Manila last October 30-31, 2018.

Georgene won the following awards: 1<sup>st</sup> Place in 6 and Under Any Style Solo-Hip Hop, Classical Group – Waltz of the Flowers and Jazz Group – Barbie Girls.

5. **Mharkianna Samantha Ipapo of 4-Deborah** competed in the 1st Get The Beat Philippine Regionals International Competition under Halili-Cruz School of Dance held at Maybank Performing Arts Theater, BGC, Manila last October 30-31, 2018.

**Mharkianna** won the following awards: 2<sup>nd</sup> Place in the 8 and under Classical Group- Enchanting Princesses, 1<sup>st</sup> Place in 8 and under Jazz Group – Luau Party and Garnering the Highest Score in the Petite Group Category.

### ART

1. **Sofia Danielle Madriaga of 4 – Sarah** competed in the Global Art National Art Competition 2018 held at SM Aura Premier, SMAX Convention Center last September 23, 2018. Sofia was awarded Top Artist in the said competition.
2. **Blair Ramirez of 4 – Esther** competed in the Global Art National Art Competition 2018 held at SM Aura Premier, SMAX Convention Center last September 23, 2018. Blair was awarded Top Artist in the said competition.

### SWIMMING

1. **Sandrine Jimenez of 6-Mary of Cana** competed in the 4<sup>th</sup> Samahang Manlalangoy ng Pilipinas, Class ABC Novice Swimming Championship held last June 2-3, 2018 at Don Bosco Technical College Mandaluyong. Sandrine won 2<sup>nd</sup> place in girls 10 year old 50 meter freestyle and girls 10 year old 25 meter butterfly.

### ACADEMICS

1. **Mary Faith Aragon of Grade 4-Deborah** joined the 5th CMA Mental Arithmetic National Competition held last May 20, 2018, at SM Aura. She competed amongst the 700 participants.

Faith won 3rd place in the Mental Arithmetic Category and 5th place in the Abacus Category.

2. **Cara Isabel Bautista of 6-Mary of Cana** won 5<sup>th</sup> Place or Second Honorable in the recently concluded Kulturang Pinoy Quiz Wiz Year held at the National Commission for the Arts at Intramuros, Manila last November 24, 2018. She was among the fourteen representatives who qualified for the last round which is the Oral Defense Round.

She was supported by her coaches **Ms. Joanlyn De Mesa and Mrs. Ela Rose Sablaon with Mrs. Tsarisma Gloria as the Subject Area Coordinator of Araling Panlipunan.**

3. **Elmina Rai Chavez of 6-Mary of Cana and Syrila Erin Catral of 6-Mary of the Annunciation** competed in the 13<sup>th</sup> Earth's Systems Quiz Bee held at St. Stephens's High School, Manila last February 9, 2019.

**Elmina and Syrila** were among the top scorer among 15 participating schools. They won the 2<sup>nd</sup> place in the said competition.

They were supported by their coach: **Ms. Thelma Partible their Science Teacher with Mrs. Eleonor Palma as the Subject Area coordinator of Science.**

4. **Elmina Chavez 6-Mary of Cana and Rishina Abdon 3- St. Anne** competed in the National Phoenix Aralinks Quest 2019 held at the Alegria Hall, OLOPH BUilding, Quezon Avenue, Quezon City last February 23, 2019.

**Elmina** was the Champion in the Intermediate Division Individual Category. She also was Rank 3 National School Ranking - Rank 2 (Grade School) National Overall School Ranking - Rank 3 (Grade School and High School)

**Rishina** was the Champion in the Primary Division and was Rank 10.

They were supported by their coach: **Ms. Marilene Tion and her computer teachers namely: Ms. Macasieb and Ms. Averos.**

5. Digital Story Telling Contest with the story "Ang Aking Kulay by Raine Elysse Deduyo using Scratch 2.0 as application winners during the National Book Week Celebration held last December 3-7, 2018 at St. Theresas's College Q.C. are the following:

- Gabriela Pilar Fernando of 6- Mary of the Annunciation – 1<sup>st</sup> place
- Brianna Joseffe Del Rosario of 6-Mary of the Assumption - 2<sup>nd</sup> place
- Maria Camille Peralta –of 6- Mary of the Annunciation – 3<sup>rd</sup> place

They were supported by their computer teacher Ms. Averos together with Ms. Tion as the Computer Education Coordinator

